

**Alessandria**  
**24 GIUGNO 2015**

**EPIDEMIOLOGIA:**  
**ONJ da bifosfonati e altri farmaci**

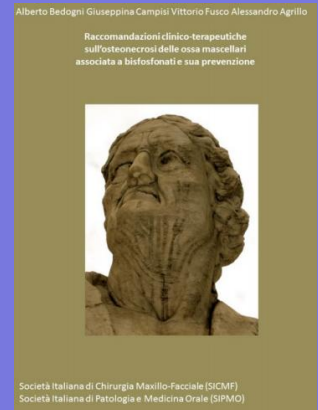
**Vittorio Fusco**      **SC Oncologia**  
**Az. Ospedaliera di Alessandria**

# RACCOMANDAZIONI CLINICO-TERAPEUTICHE su L'OSTEONECROSI DELLE OSSA MASCELLARI ASSOCIATA A FARMACI

Basato su  
**RACCOMANDAZIONI PER PREVENZIONE E CURA DELLA  
OSTEONECROSI DELLE OSSA MASCELLARI**

Bedogni A, Campisi G, Fusco V, Agrillo A.  
*CLEUP ed.* (vers. 1.1 marzo 2013)

e successive fonti della Letteratura



*\*Speakers dichiarano: nessun conflitto di interesse*

## ONJ : quanto è frequente ?

**INCIDENZA : ?**

**PREVALENZA : ?**

**“FREQUENZA” : ?**

**tra  
<0.5%  
e >12%**

**Numeri assoluti : ?**

(epidemiologia; carichi di lavoro...)

**Rischio individuale : ?**

(rischio nel tempo...; costi-benefici)

Epidemiologia: ONJ da bifosfonati e altri farmaci

*V. Fusco*

**Quali sono i farmaci che possono determinare la ONJ ?**

Epidemiologia: ONJ da bifosfonati e altri farmaci *V. Fusco*

**Quali sono le categorie di pazienti a maggior rischio di ONJ?**

**Esistono ad oggi “nuovi” sottogruppi di popolazione ad alto rischio?**

# Fonti di dati epidemiologici

1. *Studi randomizzati (bracci con/senza farmaci in studio)*
2. *Studi osservazionali, case series (bias di selezione ...)*
3. *Studi sistematici di popolazione (registro tumori, ecc).*
4. *Studi retrospettivi su database (assicurazioni, dimissioni ospedaliere, utenti sistema sanitario)*
5. *Surveys di specialisti o unità spec. (odonto / maxillofacciali) o di centri oncologici (Rete Oncologica Piemonte – VdA)*

# ONJ

## FARMACI RELATI



**Comitato di Esperti delle  
Società Italiana di Chirurgia Maxillo-Facciale (SICMF) e  
Società Italiana di Patologia e Medicina Orale (SIPMO)**

In collaborazione con **FNMOCeO-CAO** 

Con il patrocinio del **COLLEGIO DEI DOCENTI DI  
ODONTOIATRIA**



# BP

## STRUTTURA CHIMICA



### AMINOBISFOSFONATO

Presenza di un gruppo amminico

Alendronato

Ibandronato

Neridronato

Pamidronato

Risedronato

Zoledronato

### Non AMINOBISFOSFONATO

Assenza di un gruppo amminico

Clodronato

Etidronato

Tiludronato

Gli **Amino-BP** hanno maggiore affinità per l'osso, e una potenza da 10 a 1000 volte maggiore rispetto ai non BP



| FARMACO            | INDICAZIONI   | NOMI COMMERCIALI              |
|--------------------|---|-------------------------------|
| <b>DENOSUMAB</b>   | <ul style="list-style-type: none"> <li>• Osteoporosi postmenopausale</li> <li>• Osteoporosi negli uomini ad elevato rischio di fratture per terapia ormonale ablativa</li> <li>• Prevenzione di complicazioni a carico dell'apparato scheletrico in adulti con tumori solidi diffusi alle ossa</li> </ul> | <b>PROLIA</b><br><b>XGEVA</b> |
| <b>SUNITINIB</b>   | <ul style="list-style-type: none"> <li>• Metastasi ossee del Carcinoma a cellule renali (RCC)</li> <li>• Tumori stromali gastrointestinali (GIST)</li> <li>• Tumore primitivo ectodermale (pNET)</li> </ul>   | <b>SUTENT</b>                 |
| <b>SORAFENIB</b>   | <ul style="list-style-type: none"> <li>• Epatocarcinoma (HCC)</li> <li>• Carcinoma a cellule renali (RCC)</li> </ul>  | <b>NEXAVAR</b>                |
| <b>BEVACIZUMAB</b> | <ul style="list-style-type: none"> <li>• Carcinoma mammario metastatico</li> <li>• Carcinoma colon-rettale metastatico (mCRC)</li> <li>• Carcinoma polmonare a piccole cellule (NSCLC)</li> <li>• Glioblastoma (Glio)</li> <li>• Carcinoma renale metastatico (mRCC)</li> </ul>                           | <b>AVASTIN</b>                |

# 2003-2005 "New" BP toxicities (rarely or not reported on first trials)

- eye toxicity
- renal toxicity
- osteonecrosis of jaw (ONJ)

review

*Annals of Oncology* 17: 897-907, 2006  
doi:10.1093/annonc/mdj105  
Published online 17 March 2006

## **Management of the adverse effects associated with intravenous bisphosphonates**

T. Tanvetyanon<sup>1\*</sup> & P. J. Stiff<sup>2</sup>



**FIGURE 1.** Exposed necrotic bone in the mandible in a patient who was taking pamidronate (Aredia). Exposed bone initiated by a tooth removal.



**FIGURE 2.** Exposed necrotic bone in the maxilla in a patient who was taking pamidronate (Aredia). Exposed bone occurred spontaneously.

## Marx (Miami University) JOMS 2003-2004

36 cases



**Fig 1.** Bone necrosis of the mandible on a female patient with metastatic breast cancer to bone under treatment with zoledronic acid.



**FIGURE 1.** Exposed necrotic maxillary bone in a patient receiving zoledronic acid for 6 months. The patient had posterior maxillary extractions performed 4 months earlier. (Courtesy of Dr. Jay Neugarten, New Hyde Park, NY.)



nic radiograph of the mandible following extractions in a patient receiving pamidronate. The radiolucent area is in the region of the nonhealing extraction site.

## Migliorati, JCO 2003

5 cases

## Ruggiero et al (NY) JOMS 2004 63 cases

## 2008: new guidelines and recommendations

# Guidance on the use of bisphosphonates in solid tumours: recommendations of an international expert panel

*Aapro M. et al, Annals of Oncology mar 2008*

Since the risk of SREs is continuous, the expert panel recommends continuing treatment until 2 years, even if a patient experiences a bone event. Continuation of therapy beyond 2 years based on an individual risk assessment is recommended.

- Before starting N-BP treatment, patients should have a dental examination and appropriate treatment and should be advised to maintain good oral hygiene.
- For each patient with ONJ, an individual benefit/risk evaluation should be carried out to assess continuation or temporary discontinuation of BP therapy.

# Utilizzo attuale dei BP in Oncologia ed Ematologia

- Riduzione delle prescrizioni
- "Tailoring"

## Ridotti i nuovi casi di ONJ ?

- Effetto delle misure "preventive" ?
- Effetto della ridotta esposizione ?
- Di entrambi ?

# ONJ in Oncologia/Ematologia: Rischi presenti e futuri

- ONJ dopo denosumab (e shift)
- ONJ dopo agenti biologici, cd "target" (con/senza BP o denosumab)

# ONJ in pazienti NON oncologici: Rischi presenti e futuri

-ONJ dopo BP orali (alendronato, risedronato, ibandronato) (RA !)

-ONJ dopo BP ev  
(zoledronato=Aclasta,  
ibandronato=Bonviva)

-ONJ dopo denosumab sc (Prolia)

-ONJ dopo clodronato (?) (in Italia: anche im)

# DENOSUMAB

- **Different pathway (RANK-L inhibition)**
- **Subcutaneous injection (not IV infusion)**
- **Less toxic ?**
- **More active ?**

**PROLIA (60 mg q 6 months) - osteoporosis**

**XGEVA (120 mg q 28 days) - bone metastases**

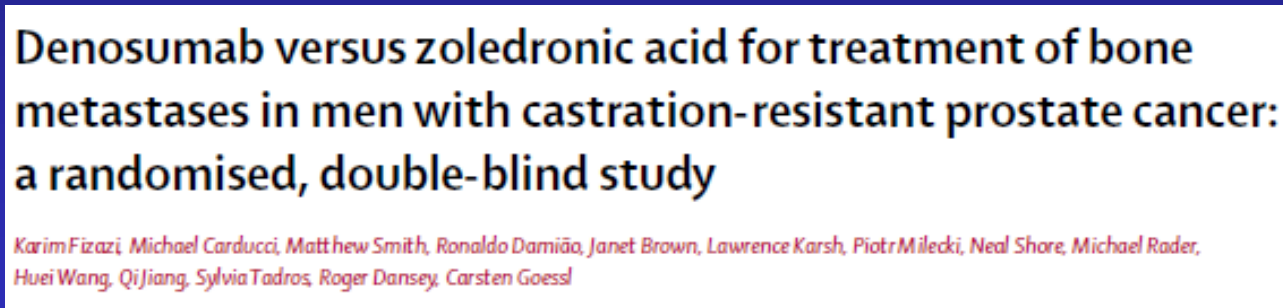


# Zol vs DENOSUMAB : 3 trials



**Stopeck, JCO 2010**  
**2046 pts**

First on-study SRE : HR 0.82  
(26.4 months vs not reached)



**Fizazi, Lancet 2011**  
**1904 pts**

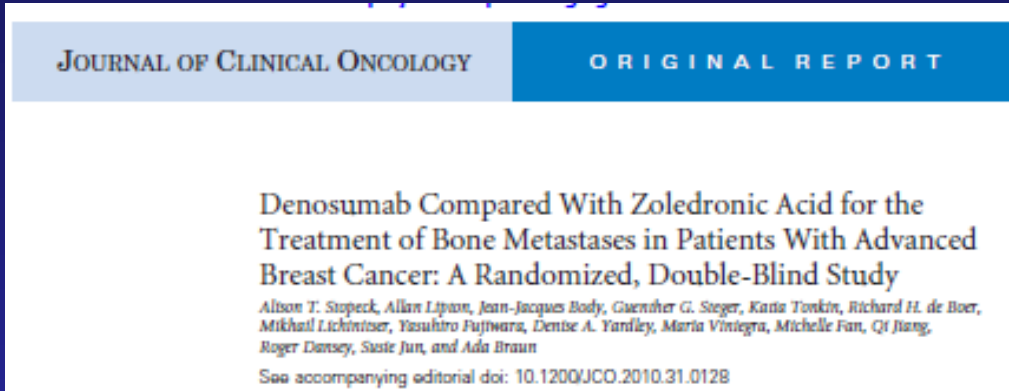
First on-study SRE :  
HR 0.82  
(17.1 vs 20.7 months)



**Henry, JCO 2011**  
**1776 pts**

First on-study SRE :  
HR 0.8 (non inferiority)  
(16.3 vs 20.6 months)

# Zol vs DENOSUMAB trials : ONJ



**Stopeck, JCO 2010**

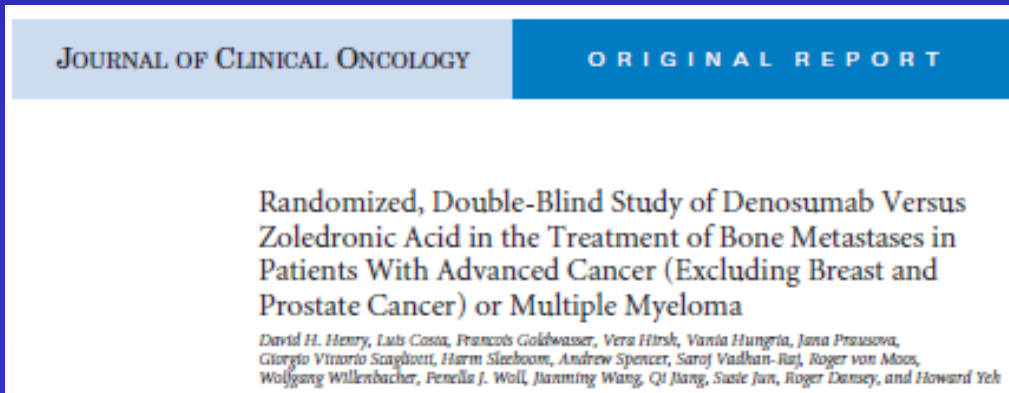
**ONJ :**  
**2% (DEN) vs 1.4% (ZA)**

**Denosumab versus zoledronic acid for treatment of bone metastases in men with castration-resistant prostate cancer: a randomised, double-blind study**

*Karim Fizazi, Michael Carducci, Matthew Smith, Ronaldo Damião, Janet Brown, Lawrence Karsh, Piotr Milecki, Neal Shore, Michael Rader, Hwei Wang, Qi Jiang, Sylvia Tadros, Roger Dansey, Carsten Goessl*

**Fizazi, Lancet 2011**

**ONJ :**  
**2% (DEN) vs 1% (ZA)**



**Henry, JCO 2011**

**ONJ :**  
**1.1% (DEN) vs 1.3% (ZA)**

# V.Fusco et al - JCO 2011 (letter)

JOURNAL OF CLINICAL ONCOLOGY

CORRESPONDENCE

## Osteonecrosis of the Jaw After Zoledronic Acid and Denosumab Treatment

**Case Adjudication**

**Patient selection**

**Short follow-up**

**No cumulative incidence**

**Vittorio Fusco**

Azienda Ospedaliera Santi Antonio e Biagio, Alessandria, Italy

**Claudia Galassi**

Centro di Prevenzione Oncologica, Azienda Ospedaliera San Giovanni Battista, Torino, Italy

**Alfredo Berruti**

Azienda Ospedaliera Universitaria San Luigi, Orbassano; Università di Torino, Torino, Italy

**Libero Ciuffreda**

Centro Oncologico Ematologico Piemontese, Azienda Ospedaliera San Giovanni Battista, Torino, Italy

**Cinzia Ortega**

Istituto per la Ricerca Contro il Cancro, Candiolo, Italy

**Giovannino Ciccone**

Centro di Prevenzione Oncologica, Azienda Ospedaliera San Giovanni Battista, Torino, Italy

# Saad et al - Ann Oncol 2012

## Incidence, risk factors, and outcomes of osteonecrosis of the jaw: integrated analysis from three blinded active-controlled phase III trials in cancer patients with bone metastases

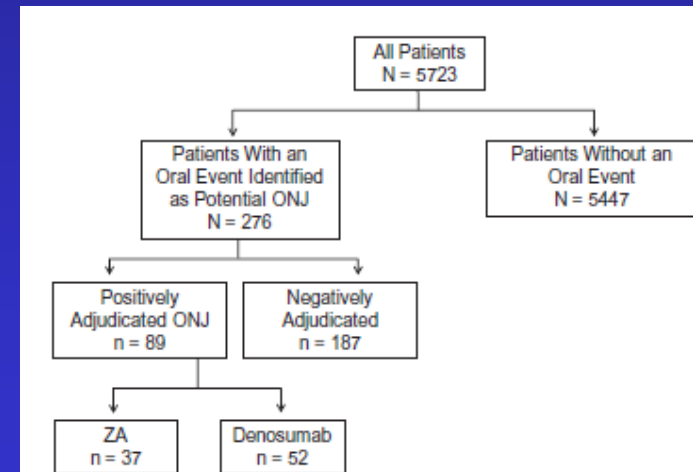
**Results:** Of 5723 patients enrolled, 89 (1.6%) patients were determined to have ONJ: 37 (1.3%) received zoledronic acid and 52 (1.8%) received denosumab ( $P = 0.13$ ). Tooth extraction was reported for 61.8% of patients with ONJ. ONJ treatment was conservative in >95% of patients. As of October 2010, ONJ resolved in 36.0% of patients (29.7% for zoledronic acid and 40.4% for denosumab).

5723 pts

Event as **potential ONJ** 276 (4.8%)

**Adjudicated ONJ cases** 89 (1.5%)

ONJ resolved in 36.0%  
(29% zoledronic acid,  
40% denosumab)



**Figure 1.** CONSORT diagram. Outcome of ONJ adjudication process. CONSORT, Consolidated Standards of Reporting Trials; ONJ, osteonecrosis of the jaw.

# Breast cancer : new ASCO Guidelines 2011

ASCO SPECIAL ARTICLE

## American Society of Clinical Oncology **2003** Update on the Role of Bisphosphonates and Bone Health Issues in Women With Breast Cancer

Hillner BE, et al. *J Clin Oncol.* 2003

JOURNAL OF CLINICAL ONCOLOGY

A S C O S P E C I A L A R T I C L E

### American Society of Clinical Oncology Executive Summary of the Clinical Practice Guideline Update on the Role of Bone-Modifying Agents in Metastatic Breast Cancer

*Catherine H. Van Poznak, Sarah Teates, Gary C. Yee, Nora A. Janjan, William E. Barlow, J. Sybil Biermann, Linda D. Bosserman, Cindy Geoghegan, Bruce E. Hillner, Richard L. Theriault, Dan S. Zuckerman, and Jamie H. Van Boers*

Van Poznak, et al. *J Clin Oncol.* 2011

# Smith et al, Lancet Oncology 2011

Denosumab and bone-metastasis-free survival in men with castration-resistant prostate cancer: results of a phase 3, randomised, placebo-controlled trial

- 1432 patients (716 denosumab, 716 placebo) without bone metastases, treated for **> 24 months**
- **ONJ** in 33 pts receiving denosumab (**5%**) vs 0 receiving placebo



# MEDICAL ONCOLOGY

- Chemotherapy
- Endocrine therapy
- Immunotherapy
- Bone modifying agents
- “Target therapy” (biological agents):  
antiangiogenic, mTOR inhibitors, antiEGFR,  
etc



# Recent “targeted” agents : solid tumours

AFINITOR (Everolimus)

AVASTIN (Bevacizumab)

ERBITUX (Cetuximab)

GLIVEC (Imatinib)

HERCEPTIN (Trastuzumab)

IRESSA (Gefitinib)

NEXAVAR (Sorafenib)

PERJETA (Pertuzumab)

STIVARGA (Regorafenib)

SUTENT (Sunitinib)

TARCEVA (Erlotinib)

TORISEL (Temsirolimus)

TYVERB (Lapatinib)

VECTIBIX (Panitumumab)

VOTRIENT (Pazopanib)

YERVOY (Ipilimumab)

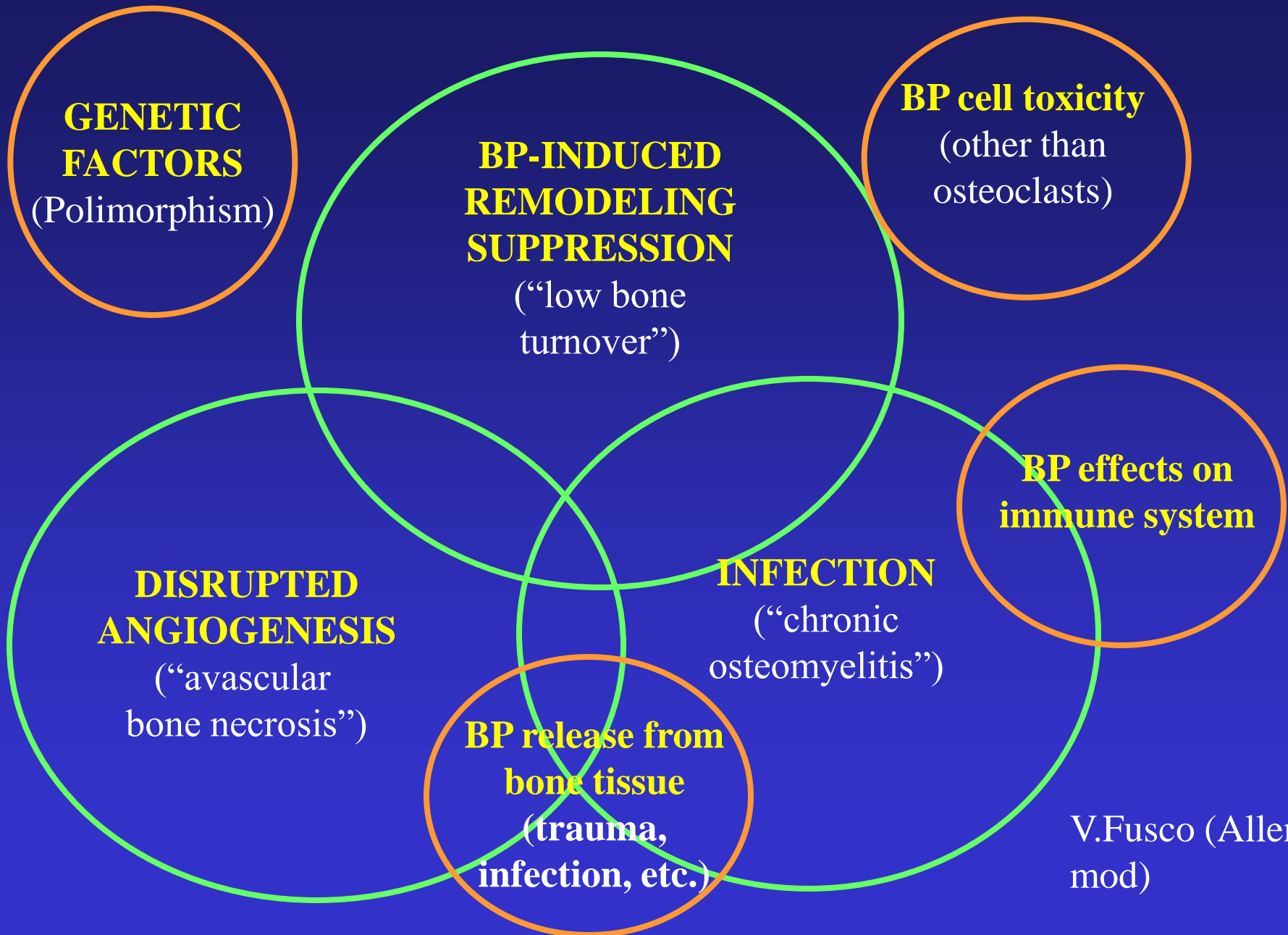
ZALTRAP (Aflibercept)

ZELBORAF (Vemurafenib)

Etc.

Etc.

# ONJ : WHY ?



V.Fusco (Allen mod)

Bevacizumab

Aflibercept

Sunitinib  
Sorafenib  
Pazopanib  
Regorafenib  
Imatinib  
etc.

Erlotinib  
Gefitinib

Temsirolimus  
Everolimus

Ipilimumab

Cetuximab  
Panitumumab

Trastuzumab  
Pertuzumab  
Lapatinib

Vemurafenib  
Dabrafenib  
etc.

# ONJ after BPs + biological “targeted” agents

**Ayllon, Ann Oncol 2009**

**1 case after BP + Bevacizumab  
(breast cancer)**

**1 case after BP + Sunitinib  
(renal cell cancer)**

**Brunello, Bone 2009**

**1 case after BP + Sunitinib  
(renal cell cancer)**

**Christodoulou, Oncology 2009**

**3 cases after BP + Bevacizumab  
(2 breast, 1 colon cancer)**

**1 case after BP + Sunitinib  
(renal cell cancer)**

**Mc Arthur , ASCO 2008 (abs)**

**8 cases after BP + Bevacizumab**

# ONJ after Bevacizumab alone (without BP)

VOLUME 26 · NUMBER 24 · AUGUST 20 2008

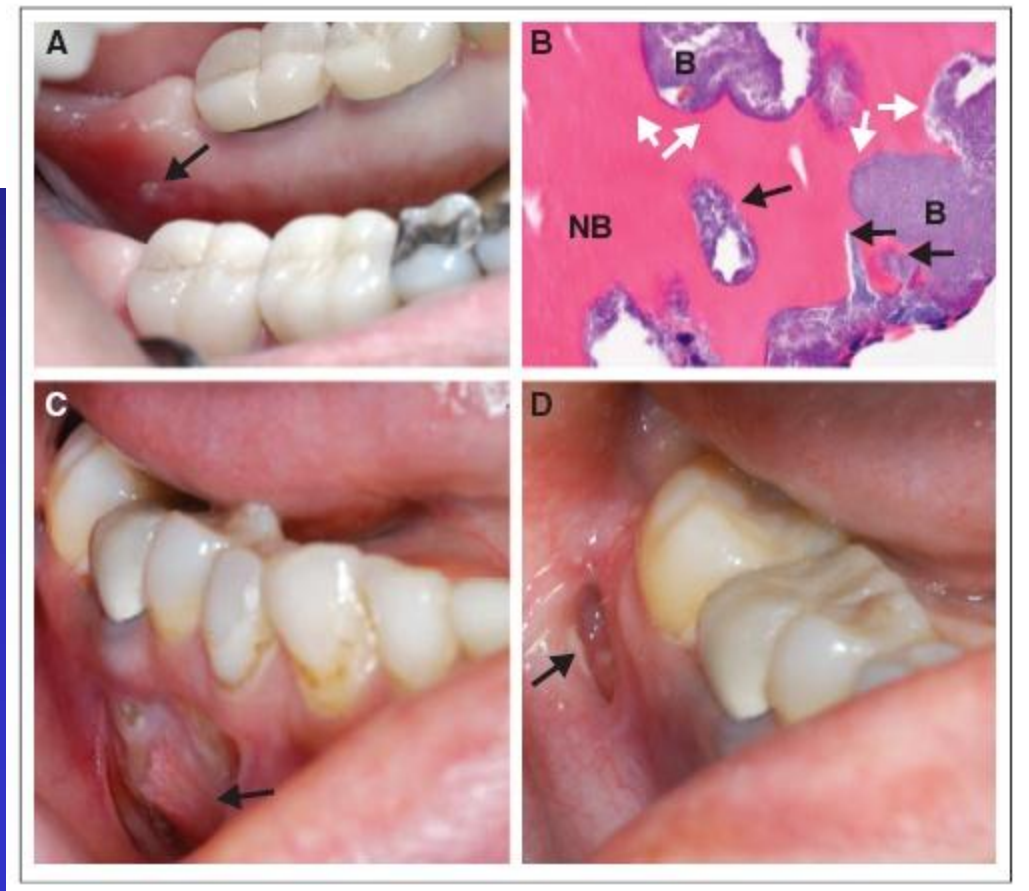
JOURNAL OF CLINICAL ONCOLOGY

DIAGNOSIS IN ONCOLOGY

Osteonecrosis of the Jaw Related to Bevacizumab

**1 breast cancer,  
1 glioblastoma**

**Estilo et al, JCO 2008**





**Fig. 2.** Situation after resumption of sunitinib: increased exposure of bone, loss of a canine tooth and cervical cutaneous sinus-track formation.

(Fig. 4). The bone infection improved with another cycle of oral amoxicillin-clavulanic acid and metronidazole, and gingival repair occurred.

This is the first report of osteonecrosis of the jaw in a patient receiving a novel antiangiogenic drug who had been previously treated with i.v. bisphosphonates. The consecutive episodes of painful jaw infection with cutaneous fistula and bone sequestration in our patient were likely correlated with sunitinib therapy, occurring during active treatment, significantly improving after sunitinib discontinuation and antibiotic therapy, then rapidly worsening with resumption of treatment.



**Fig. 4.** At sunitinib re-challenge: painful swelling, bone exposure in the right body of the mandible with spontaneous tooth loss.

## Bisphosphonate- Related ONJ

2002- 2003 : first cases  
(Marx, Ruggiero,  
Migliorati, etc.)

**Disbelief / scepticism**

- refusal of major journals
- Tarassoff (Novartis)  
J Oral Max Surg oct 2003 :  
criticism



2009 : thousands of cases;  
need of prevention

## Target therapy-related ONJ

Estilo 2008, ecc



# raccomandazioni EMA - AIFA

**NOTA INFORMATIVA IMPORTANTE CONCORDATA CON LE AUTORITA'  
REGOLATORIE EUROPEE E L'AGENZIA ITALIANA DEL FARMACO (AIFA)**

Novembre 2010

**Osteonecrosi della mascella in pazienti oncologici trattati con bevacizumab (Avastin ®), e che abbiano ricevuto contemporaneamente o precedentemente bifosfonati**

Dicembre 2010

*Nota Informativa Importante sull'osteonecrosi della mascella in pazienti oncologici trattati con sunitinib (Sutent) e concomitante o precedente uso di bifosfonati*



# ASCO 2011

## **ONJ in patients with metastatic Renal Cell Cancer receiving Sunitinib (Sutent)**

**Bozas (UK) (abs e15116) :**

ONJ in pts receiving SUT+BP : **5/21 (24%) (HR 36% at 24 mo)**

**Fusco (Italy) (abs e15182) :**

ONJ in pts receiving SUT (or other target therapy) : 19 cases

## **Self-assessment of buccodental toxicity : comparison of patients with metastatic renal cell carcinoma (RCC) treated with sunitinib with patients treated with chemotherapy**

**Gilabert (F) (abs e15021) :** higher incidence of dental and gingival toxicity in the first group (not dependent on eventual BP treatment)

# Beuselinck et al - BJC dec 2012

## Concomitant oral tyrosine kinase inhibitors and bisphosphonates in advanced renal cell carcinoma with bone metastases.

Seventy-six patients were included in the outcome analysis:  
49 treated with concomitant bisphosphonates, 27 with TKI alone.

The **incidence of ONJ** was **10% (5/49)**  
in patients treated with TKI and bisphosphonates.

## Projected ONJ incidence of 17% at 24 months

Conclusion: Concomitant use of bisphosphonates and TKI  
in renal cell carcinoma patients with bone involvement  
probably improves treatment efficacy, (...),  
but is associated with a high incidence of ONJ.

**Osteonecrosis of the jaw (ONJ) in patients with renal cell cancer (RCC) treated with bisphosphonates and sunitinib or other biological agents: characteristics of 39 cases in a multicenter survey**

**39 ONJ patients**

Administered BPs : 34 receiving Zoledronic Acid only, 1 Ibandronate, 2 Pamidronate, 2 switching from Pamidronate to Zoledronic Acid

Administered biological agents at time of ONJ diagnosis : 27 Sunitinib, 3 Sorafenib, 1 Bevacizumab, 1 Deforolimus, 7 two or more of these agents in sequence.

BP treatment duration at ONJ onset: median 12 months (range 1-48).

Latest biological treatment was Sunitinib on 34/39 cases (87%).

Treatment duration of latest biological agent at ONJ onset: median 8 months (range 1-26 ). Site of ONJ: 20 in mandible, 14 in maxilla, 4 in both (1 unspecified).

Possible risk factors or precipitating events (teeth extraction, oral surgery, dental implants, ill-fitting denture, infections, etc.) have been reported on 28/39 cases (72%).

## Combination of Zoledronic Acid and Targeted Therapy Is Active But May Induce Osteonecrosis of the Jaw in Patients With Metastatic Renal Cell Carcinoma

*Torben Smidt-Hansen, MD, \*Troels B. Folkmar, DDS, †Kirsten Fode, MD, ‡Mads Agerbaek, MD, § and Frede Donskov, MD, DMSc||*

**ONJ : 6/21 (29%) if no pretherapy oral examination**  
**1/9 (11%) with pretherapy oral examination**

**Conclusion:** The combination of ZA and TT resulted in high, clinically meaningful activity. ONJ may be exacerbated by concomitant ZA and sunitinib. Regular OM examinations before and during treatment are recommended.

© 2013 American Association of Oral and Maxillofacial Surgeons

# October 2013

Case report

## Osteonecrosis of the jaw related to everolimus: a case report

Dong Wook Kim, Young-Soo Jung, Hyung-Sik Park, Hwi-Dong Jung\*



Fig. 1. Photograph of exposed necrotic bone on the right mandibular edentulous area.



Fig. 2. Panoramic radiograph showing increased radiopacity in the right mandibular area.



BRITISH  
Journal of  
Oral and  
Maxillofacial  
Surgery

[www.bjoms.com](http://www.bjoms.com)

**Medullary thyroid carcinoma**

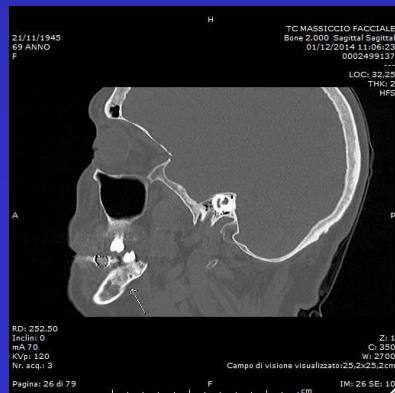
**Zoledronic acid (5 years) in the past**

**Everolimus (3 years)**

# Aprile 2015

## bevacizumab (Avastin) in pazienti con carcinoma ovarico :

- Trattamento prolungato (oltre 12-18 mesi)
- Alte dosi (15 mg/kg ogni 21 giorni)
- Sopravvivenza attesa non breve (anni)



# ONJ in Oncologia : Remarks

- i BP e il denosumab hanno un ruolo centrale nel trattamento dei paz con metastasi ossee
- ONJ è "uncommon" (non "rara") e potenzialmente severa
- ONJ può essere "prevenuta" (riduzione del rischio)
- alert per i pazienti trattati con biologici ("target")
- aggiornare e seguire raccomandazioni e LG

# ONJ in pazienti NON oncologici: Alert !!

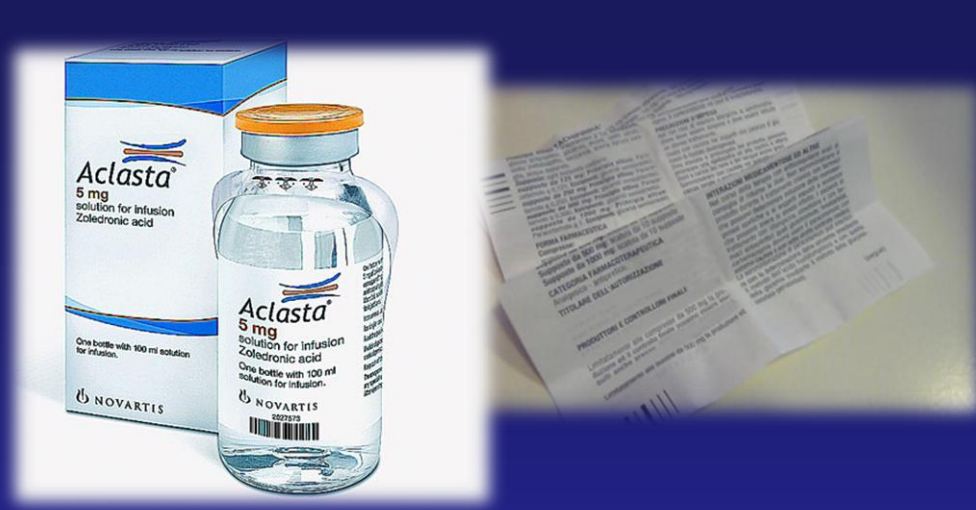
- Pazienti con Artrite Reumatoide !
- ONJ dopo BP ev  
(zoledronato=Aclasta 5 mg ogni 12 mesi  
ibandronato=Bonviva 3 mg ogni 3 mesi)
- ONJ dopo denosumab sc (Prolia 60 mg)





EUROPEAN MEDICINES AGENCY  
SCIENCE MEDICINES HEALTH

13 March 2015  
EMA/169618/2015



Aclasta è usato per il trattamento di malattie che colpiscono le ossa, tra cui l'osteoporosi e il morbo di Paget. Il PRAC ha concluso che il rischio di osteonecrosi della mandibola/mascella con questo medicinale rimane molto basso, ma ha raccomandato altre misure per ridurre al minimo ulteriormente questo rischio.

La carta raccomandata dal PRAC ricorderà ai pazienti:

- il beneficio del trattamento dell'osteoporosi;
- il rischio di osteonecrosi della mandibola/mascella durante il trattamento con Aclasta;
- la necessità di evidenziare eventuali problemi dentali ai loro medici/infermieri, prima di iniziare il trattamento;
- la necessità di garantire una buona igiene orale durante il trattamento;
- la necessità di informare il loro dentista del trattamento con Aclasta e di contattare il medico e il dentista in caso di problemi alla bocca o ai denti durante il trattamento.



EUROPEAN MEDICINES AGENCY  
SCIENCE MEDICINES HEALTH

27 March 2015  
EMA/206916/2015



## Ulteriori misure per la minimizzazione del rischio di osteonecrosi della mandibola/mascella con i bifosfonati

Misure da considerare per altri bifosfonati endovenosi e denosumab nelle revisioni future

L'Agenzia Europea de  
zoledronico), uno dei m  
mandibola/mascella. L'Age  
osseo) nella mandibola/masc  
per ridurre al minimo il ris  
l'introduzione di una carta di p  
L'EMA sta pianificando misu  
utilizzati per l'osteoporosi o p  
sono associati ad un rischi  
considerazione misure per qu  
che sono previste nel corso del 2015/2016.

Gli operatori sanitari devono seguire le seguenti raccomandazioni per Aclasta:

- Ritardare l'inizio della terapia o un nuovo ciclo di terapia in pazienti con lesioni dei tessuti molli della bocca non cicatrizzate che possono richiedere procedure odontoiatriche o orali.
- Assicurarsi che i pazienti abbiano un esame dentale e una valutazione individuale del beneficio-rischio prima di iniziare il trattamento nei pazienti con fattori di rischio concomitanti.

Il comitato EMA per i medicinali per uso umano (CHMP) ha ora adottato le raccomandazioni per Aclasta, a seguito di un [riesame da parte del Comitato di valutazione dei rischi per la farmacovigilanza \(PRAC\)](#).



I CASI NON  
ONCOLOGICI  
STANNO  
SORPASSANDO  
numericamente  
I CASI  
ONCOLOGICI ?

# Bisphosphonates-related osteonecrosis of the jaw in Korea: a preliminary report

**JK Lee, J Korean Ass Oral Max Surg 2013**

New ONJ diagnosis, in 15 teaching centers

January 2010-December 2010

Korea: 600.000 patients treated ?

254 cases

oral BP (78.7%) > iv BP (21.3%)

|             |        |
|-------------|--------|
| Alendronate | 59.2 % |
|-------------|--------|

|             |       |
|-------------|-------|
| Risedronate | 14,3% |
|-------------|-------|

|             |       |
|-------------|-------|
| Zoledronate | 17.0% |
|-------------|-------|

GRAZIE

per l'attenzione !